

Pizza for dinner

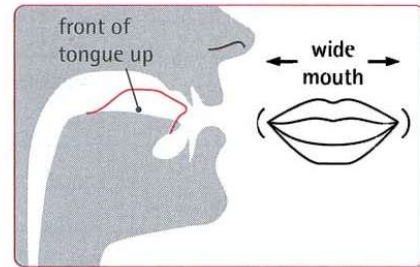
/i:/ and /ɪ/

A

How to make the sound /i:/



- /i:/ is a long sound. Look at the diagram. Listen and then say the sound. Make your mouth wide, like a smile. Your tongue touches the sides of your teeth. Target sound: /i:/



B

Sound and spelling



- /i:/ is usually spelled **ee** or **ea**. Listen and say these words.
see agree eat seat team



- Listen and say these other words with /i:/.
ie field piece
e these metre secret evening equal Peter museum European Chinese
Japanese complete
ey key
i ski kilo litre pizza police machine magazine
eo people



- Now listen and say these sentences. You will need to pause the recording to give yourself enough time to repeat.
1 **Can you see the sea?**
2 **A piece of pizza, please.**
3 **Peter's in the team.**
4 **A kilo of peaches and a litre of cream.**
5 **Please can you teach me to speak Portuguese?**

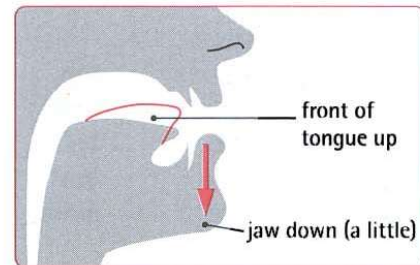


C

How to make the sound /ɪ/



- /ɪ/ is a short sound. Look at the diagram. Listen and then say the sound. Make your mouth a bit less wide than for /i:/. Your tongue is a bit further back in your mouth than for /i:/. Target sound: /ɪ/



D

Sound and spelling



- /ɪ/ is usually spelled **i**. Listen and say these words.
if listen miss dinner swim



- Listen and say these other words with /ɪ/.
busy business building system



- Now listen and say these phrases.
1 **fifty-six**
2 **dinner in the kitchen**
3 **a cinema ticket**
4 **a picture of a building**
5 **big business**



- Note:** Eight letters of the alphabet have the sound /ɪ/. Listen and repeat.
B C D E G P T V



- Note:** Units 2 to 10 focus on vowel sounds in stressed syllables (see Section B *Syllables and words*). Vowel sounds in unstressed syllables often have the weak vowel /ə/. Listen and repeat.
agree equal kitchen museum Peter picture pizza



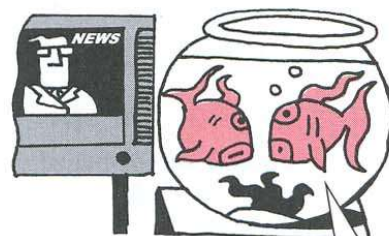
- Note:** There is sometimes an /ɪ/ sound at the end of a word in an unstressed syllable (see Section B *Syllables and words*), e.g. happy, coffee, busy. This sound is like /i:/ but shorter. Listen and repeat.
happy coffee busy sixty

Exercises

2.1 Put these /i:/ words in the dialogues.

email evening police secret Steve TV

- 1 A: What shall we do this?
B: Let's stay at home and watch
- 2 A: Let me read that
B: No – it's a secret !
- 3 A: You know my friend?
B: Yes.
A: Well, he's got a new job. He's joined the

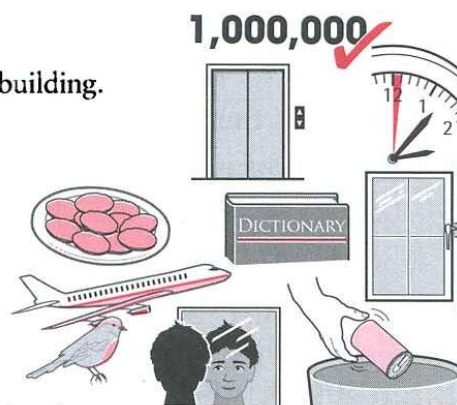


A11 Listen to check your answers. Check with the Key. Then listen and repeat.

2.2 Find the /ɪ/ words from these clues.

EXAMPLE A thousand thousand is a million .

- 1 You can use a to go up and down in a building.
- 2 There are sixty seconds in a
- 3 A is a book of words to help you with your English.
- 4 It's too warm in here – open the
- 5 Would you like a with your coffee?
- 6 Birds and planes have
- 7 You can see yourself in a
- 8 Don't drop – put it in a bin!



A12 Listen to check your answers. Check with the Key. Then listen and repeat.

2.3 Circle all the /i:/ sounds and underline all the /ɪ/ sounds.

big busy dinner give green in listen meet office people pizza
please repeat six tea three

A13 Listen to check your answers. Check with the Key. Then listen and repeat.

2.4 Match the beginnings and endings of the sentences.

EXAMPLE Let's have pizza for dinner .

- 1 We're always busy
- 2 Would you like tea
- 3 Give me that big
- 4 There were only three
- 5 Listen and
- 6 Let's meet at

- a repeat.
- b people in the museum.
- c six o'clock.
- d in the office.
- e or coffee?
- f green book, please.
- g for dinner.

A14 Check with the Key. Then listen and repeat.

2.5 Listen and circle the word you hear. Check with the Key. If any of these are difficult for you, go to Section E3 *Sound pairs* for further practice.

- A15**
- 1 *leave / live* (⇒ sound pair 1)
 - 2 *knee / near* (⇒ sound pair 2)
 - 3 *litter / letter* (⇒ sound pair 3)

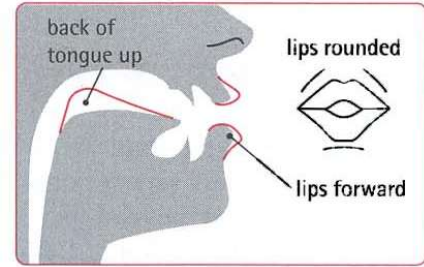
A spoonful of sugar

/u:/ and /ʊ/

A

How to make the sound /u:/

- A16a • /u:/ is a long sound. Look at the diagram. Listen and then say the sound. Make your lips into a tunnel shape. Your tongue is a long way back in your mouth. Target sound: /u:/



B

Sound and spelling

- A16b • /u:/ is often spelled oo, ou, oe, u, ue or ew. Listen and say these words.
too group shoe blue
- A16c • When the spelling is u or ew, there is often a /j/ sound before the /u:/. Listen and say these words.
music new
- A16d • There are also other spellings of /u:/. Listen and say these other words with /u:/.
two fruit juice
- A16e • Now listen and say these phrases.
- 1 me too
 - 2 work in groups
 - 3 new shoes
 - 4 red and blue
 - 5 listen to the music
 - 6 forty-two
 - 7 fruit juice

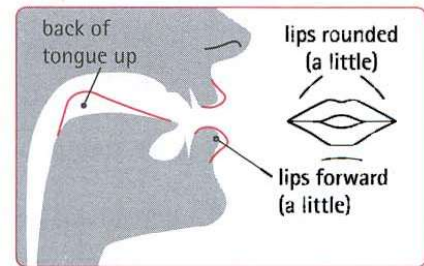


Note: /ju:/ is the name of the letter U in the alphabet.

C

How to make the sound /ʊ/

- A17a • /ʊ/ is a short sound. Look at the diagram. Listen and then say the sound. Your tongue is not so far back as for /u:/. Target sound: /ʊ/



D

Sound and spelling

- A17b • /ʊ/ is often spelled u, oo or ou. Listen and say these words.
full sugar book foot would
- A17c • Listen and say this other word with /ʊ/.
woman
- A17d • Now listen and say these phrases.
- 1 My bag's full.
 - 2 Where's my book?
 - 3 my left foot
 - 4 a kilo of sugar
 - 5 Who's that woman?

Exercises

3.1 Circle the words with /u:/. (There are nine.)

food four June look news room school soup spoon sugar town
Tuesday two

A18 Listen to check your answers. Check with the Key. Then listen and repeat.

3.2 Put the /u:/ words from Exercise 3.1 in the sentences.

- 1 Do you like fast food ?
- 2 Are you coming to _____?
- 3 It's _____ the second of _____.
- 4 Let's watch the _____.
- 5 _____ is over there.
- 6 Here's a _____ for your _____.



A19 Listen to check your answers. Check with the Key. Then listen and repeat.

3.3 Circle the words with /ʊ/. (There are six.)

book cookery cough could good looking lunch soon sugar
thought through

A20 Listen to check your answers. Check with the Key. Then listen and repeat.

3.4 Put the /ʊ/ words from Exercise 3.3 in the sentences.

- 1 Do you take _____?
- 2 _____ you help me? I'm _____ for a cookery _____.

A21 Listen to check your answers. Check with the Key. Then listen and repeat.

3.5 Circle the words that have /u:/ or /ʊ/, then put them in the correct column.

- | | |
|--|---------------------------------------|
| 1 Is it really <u>true</u> ? | 6 I'll be ready soon. |
| 2 You're standing on my <u>foot</u> ! | 7 Here's your ticket – don't lose it! |
| 3 Are you a good cook? | 8 Go through that door over there. |
| 4 Where's my toothbrush? | 9 My keys! Where did I put them? |
| 5 Do you push or pull to open this door? | |

/u:/	/ʊ/
<u>true</u>	<u>foot</u>
.....	
.....	
.....	
.....	

A22 Listen to check your answers. Check with the Key. Then listen and repeat.

3.6 Listen and circle the word you hear. Check with the Key. If any of these are difficult for you, go to Section E3 *Sound pairs* for further practice.

- A23**
- 1 *pool / pull* (⇒ sound pair 4)
 - 2 *look / luck* (⇒ sound pair 5)
 - 3 *soup / soap* (⇒ sound pair 6)

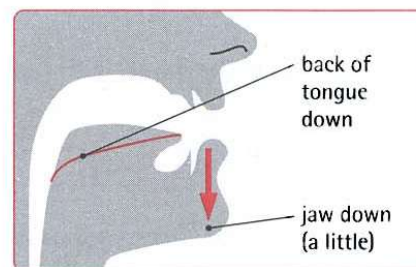
Father and mother

/ɑ:/ and /ʌ/

A

How to make the sound /ɑ:/

- A24a • /ɑ:/ is a long sound. Look at the diagram. Listen and then say the sound. Open your mouth wide. Target sound: /ɑ:/



B

Sound and spelling

- A24b • /ɑ:/ is usually spelled a or ar. Listen and say these words.
 after afternoon ask answer bath bathroom can't class dance fast
 father glass tomato bar car card far park star start

- A24c • Listen and say these other words with /ɑ:/.
 aunt laugh heart half (The letter l in half is silent.)

- A24d • Listen and say these sentences.
 1 How far's the car park?
 2 We went to a large bar full of film stars.
 3 We're starting in half an hour.

Important for listening

- A24e • In words with a letter r after the /ɑ:/ sound, most Americans and some British people pronounce the r. Listen to the same sentences, this time with the letter rs pronounced.
 A24f • Some people, especially in the north of England, pronounce the letters a or au as /æ/ in some of these words. Listen.
 after afternoon ask answer aunt bath bathroom class dance fast glass laugh

- A24g Listen to these sentences, first with /ɑ:/, then with /æ/.
 1 See you tomorrow afternoon. 3 We were laughing and dancing in the classroom.
 2 I'll ask my aunt. 4 I left my glasses in the bathroom.

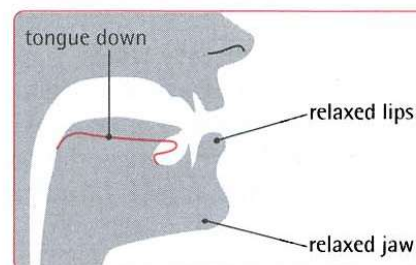


Note: The name of the letter R is pronounced /ɑ:/ or /ɑ:ɹ/.
 Note: The word are is often pronounced /ɑ:/ or /ɑ:ɹ/. (See Unit 40.)

C

How to make the sound /ʌ/

- A25a • /ʌ/ is a short sound. Look at the diagram. Listen and then say the sound. Open your mouth wide. Target sound: /ʌ/



D

Sound and spelling

- A25b • /ʌ/ is usually spelled u, but sometimes ou or o. Listen and say these words.
 bus colour come cup front London luck Monday month mother
 much nothing number run study sun uncle under



Note: The words son and sun have the same pronunciation.
 Note: The number one is pronounced /wʌn/.

- A25c • Listen and say these sentences.
 1 Good luck with your exam next month!
 2 Take the number one bus.
 3 I said 'Come on Monday', not 'Come on Sunday'.
 4 My brother's studying in London.

Important for listening

- A25d • Some people, especially in the north of England, say /ʊ/ instead of /ʌ/. Listen to the same sentences, this time with /ʊ/.

Exercises

4.1 Listen and write the words in the correct column.

A26

artist garden March part square talk warm watch

words with /ɑ:/

artist

words with other vowel sounds

square

.....

.....

.....

.....

.....

.....

Check with the Key. Then listen again and repeat.

4.2 Listen and write the words in the correct column.

A27

business country fun home lots money mother push

words with /ʌ/

country

words with other vowel sounds

business

.....

.....

.....

.....

.....

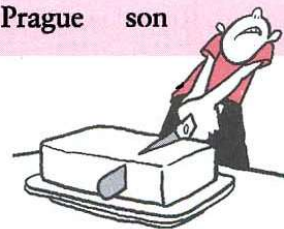
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Check with the Key. Then listen again and repeat.

4.3 Complete the sentences with one /ɑ:/ word and one /ʌ/ word.

butter carpet dark hard husband love Prague son

- 1 The butter's too
- 2 I'd to buy that!
- 3 Their 's got hair.
- 4 I first met my in



A28

Listen to check your answers. Check with the Key. Then listen again and repeat.

4.4 Listen and circle the word you hear. Check with the Key. If any of these are difficult for you, go to Section E3 *Sound pairs* for more practice.

A29

- 1 heart / hat (⇒ sound pair 7)
- 2 far / four (⇒ sound pair 8)
- 3 cat / cut (⇒ sound pair 9)
- 4 look / luck (⇒ sound pair 5)
- 5 luck / lock (⇒ sound pair 10)
- 6 butter / better (⇒ sound pair 18)

A dog in the corner

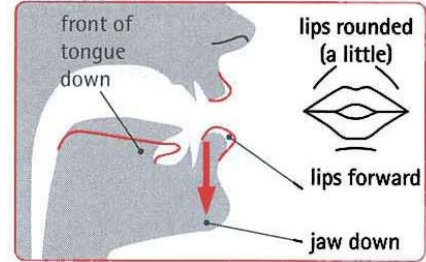
/ɒ/ and /ɔː/

A

How to make the sound /ɒ/



- /ɒ/ is a short sound. Look at the diagram. Listen and say the sound. Round your lips a little. The front of your tongue is low and towards the back of your mouth. Target sound: /ɒ/



B

Sound and spelling



- /ɒ/ is usually spelled o, and sometimes a. Listen and repeat.

bottle box chocolate clock coffee copy cost cross doctor dog gone
got holiday hospital hot job lock long lost lot not off often
possible shop song sorry stop top wrong
quality want wash wasn't watch what



Note: The word *cough* is pronounced /kɒf/.

Note: The word *was* is sometimes pronounced with /ɒ/. (See Unit 40.)



- Now listen and say these sentences.

1 Have you got a lot of shopping?

2 John's gone to the shops.

3 How much did your holiday cost?

4 She said the coffee wasn't very good, but I thought it was.



Most Americans pronounce these words differently. Listen.

1 Have you got a lot of shopping?

2 John's gone to the shops.

3 How much did your holiday cost?

4 She said the coffee wasn't very good, but I thought it was.

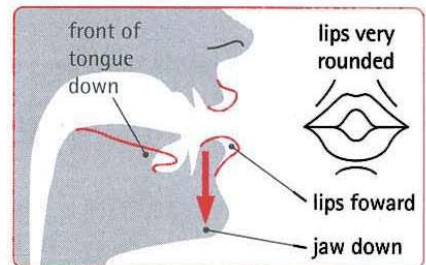
Important
for listening

C

How to make the sound /ɔː/



- /ɔː/ is a long sound. Look at the diagram. Listen and say the sound. Round your lips more than for /ɒ/. Target sound: /ɔː/



D

Sound and spelling



- /ɔː/ has different spellings. Listen and say these words.

a all ball call fall tall

wall water

al talk walk

au autumn

aw saw

augh caught daughter taught

ough bought thought

ar quarter warm

or born corner forty horse

short sort

oor door floor

ore before more

our four



- Now listen and say these phrases.

1 quarter past four

4 walking on water

2 born in autumn

5 the fourth door on the fourth floor

3 have some more



When there is a letter r after /ɔː/, most Americans, Scots and Irish, and some other English speakers pronounce this r. Listen.

1 quarter past four

3 have some more

5 the fourth door on the fourth floor

2 born in autumn

4 walking on water

Important
for listening

Exercises

5.1 Write these words.

EXAMPLE /bɒks/ box

1 /klɒk/

3 /wɒnt/

5 /'sɒri/

2 /gɒn/

4 /'wɒntɪd/

6 /wɒt/

A32 Listen to check your answers. Check with the Key. Then listen again and repeat.

5.2 Listen and complete the dialogues with these /ɒ/ words.

A33

box chocolates clock doctor gone got holiday on stopped
what what

- 1 A: What time is it?
B: I don't know. The 's
2 A: have you ?
B: A of
3 A: Where's the ?
B: He's



What time is it?

Check with the Key. Then listen again and repeat.

5.3 Write the underlined verbs in the past tense.

EXAMPLE

We buy everything at the supermarket.

→ We bought everything at the supermarket.

1 I think about you every day.

→ I about you every day.

2 We always walk home from school.

→ We always home from school.

3 I catch the first bus in the morning.

→ I the first bus in the morning.

4 My daughter teaches English.

→ My daughter English.

A34 Check with the Key. Then listen and repeat.

5.4 Write the names of the things in the picture. (They all have /ɒ/ or /ɔ:/.)

EXAMPLE 1 bottle

Check with the Key.



5.5 Listen and write the missing /ɒ/ and /ɔ:/ words.

A35

This is our kitchen. On the table there's a big full of shopping, a of wine and some and pepper. There's a on the and the 's asleep in the corner behind the

Check with the Key. Then listen and speak together with the recording.

5.6 Listen and circle the word you hear. Check with the Key. If any of these are difficult for you, go to Section E3 *Sound pairs* for more practice.

A36

1 not / note (⇒ sound pair 11)

4 shot / short (⇒ sound pair 13)

2 luck / lock (⇒ sound pair 10)

5 walk / work (⇒ sound pair 14)

3 coat / caught (⇒ sound pair 12)

Bread and jam

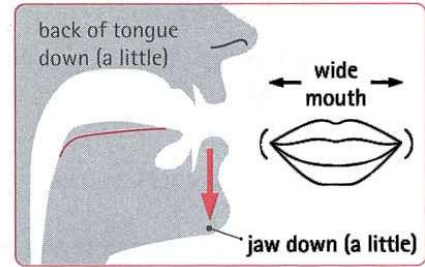
/e/ and /æ/

A

How to make the sound /e/



- /e/ is a short sound. Look at the diagram. Listen and say the sound. Open your mouth quite wide. Target sound: /e/



B

Sound and spelling



- /e/ is usually spelled e, but sometimes ea, ie, a or ai. Listen and repeat.

e check leg letter red sentence
 ea bread head read (past tense)
 ie friend
 a any many
 ai again said



- Listen and say these sentences.

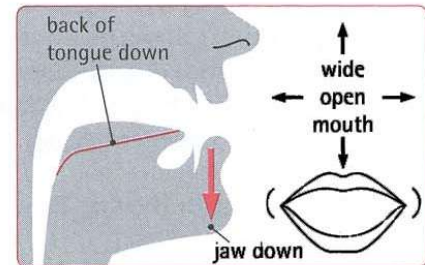
- 1 Tell me again.
- 2 Send me a cheque.
- 3 Correct these sentences.
- 4 Twenty to twelve.
- 5 Help your friend.

C

How to make the sound /æ/



- /æ/ is a short sound. Look at the diagram. Listen and say the sound. Open your mouth wide. Target sound: /æ/



D

Sound and spelling



- /æ/ is usually spelled a. Listen and repeat.

back camera factory hat jam manager map plan traffic



- Listen and say these sentences.

- 1 Thanks for the cash.
- 2 I ran to the bank.
- 3 Where's my black jacket?
- 4 That man works in a jam factory.
- 5 Let me carry your bags.

Exercises

6.1 Write these words.

EXAMPLE /mæp/ map

1 /hænd/

2 /best/

3 /eg/

4 /mæn/

5 /men/

6 /'meni/

7 /hæv/

8 /nekst/

A39 Check with the Key. Then listen and repeat.

6.2 Seven of these numbers have /e/. Which are they?

3 7 ✓ 8 10 11 12 13 17 18 20 70 80 100

seven

A40 Check with the Key. Then listen and repeat.

6.3 Match the phrases to make sentences with an /æ/ and an /e/.



1 The first plan was the best.

2 He said

3 How many

4 I haven't got

5 I'll be back

6 My friends live

a any milk.

b again tomorrow.

c in a flat over there.

d stamps do you need?

e ~~was the best.~~

f 'Thank you.'

A41 Check with the Key. Then listen and repeat.

6.4 Listen and circle the word you hear. Check with the Key. If any of these are difficult for you, go to Section E3 Sound pairs for more practice.

A42 1 *men / man* (⇒ sound pair 15)

2 *cat / cut* (⇒ sound pair 9)

3 *had / hard* (⇒ sound pair 7)

4 *pepper / paper* (⇒ sound pair 16)

5 *head / heard* (⇒ sound pair 17)

6 *set / sit* (⇒ sound pair 3)

7 *better / butter* (⇒ sound pair 18)

My birthday's on Thursday

/3:/

A

How to make the sound /3:/

A43a

- /3:/ is a long sound. Look at the diagram. Listen and say the sound. To make this sound, your mouth and your tongue should be very relaxed. Target sound: /3:/

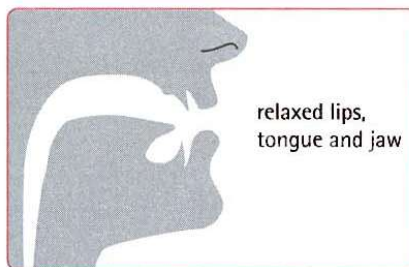


A43b

Note: /3:/ is a sound English speakers often make when they aren't sure what to say, and we often write it 'er'. Listen.

A: What date is it today?

B: Er, I think it's the tenth.



relaxed lips,
tongue and jaw

B

Sound and spelling

A43c

- /3:/ is spelled ir, or, ur, our, ear or er. Listen and say these words.

ir bird first birthday circle thirty
or word work world worse worst
ur turn Thursday
our journey
ear early earth heard learn
er service Germany prefer dessert weren't verb university



Note: The words *her*, *hers* and *were* are often pronounced with /3:/. (See Units 38 and 40.)

A43d

- Now listen and say these sentences.



My birthday's on Thursday the thirty-first and hers is a week later.

- 1 My birthday's on Thursday the thirty-first, and hers is a week later.
- 2 When would you prefer, Tuesday or Thursday?
- 3 That was the worst journey in the world!
- 4 Have you ever heard this word?
- 5 A: The cakes weren't very good.
B: I thought they were.
- 6 She went to university to learn German.

A43e

Important
for listening

Notice that there's always an r in the spelling of /3:/. Most Americans, Scots and Irish, and some other English speakers pronounce these rs (see Unit 22). Listen.

- 1 My birthday's on Thursday the thirty-first, and hers is a week later.
- 2 When would you prefer, Tuesday or Thursday?
- 3 That was the worst journey in the world!
- 4 Have you ever heard this word?
- 5 A: The cakes weren't very good.
B: I thought they were.
- 6 She went to university to learn German.

Exercises

7.1 Listen and put the words in the correct groups.

A44

beard car chair church curtains dirty door floor four girl horse
large March near nurse pair parked purse shirt shorts stars surfer
third warm wearing

words with /ɜ:/

- 1 church
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

words with /ɔ:/

- 1 door
- 2
- 3
- 4
- 5
- 6

words with /ɑ:/

- 1 car
- 2
- 3
- 4
- 5

words with other sounds

- 1 beard
- 2
- 3
- 4
- 5

Check with the Key. Then listen again and repeat.

7.2 Look at the picture and complete the sentences, using the words from Exercise 7.1.

- 1 The nurse is sitting on a next to the.
- 2 The boy's a of and a.
- 3 There's a man with a standing the.
- 4 The girl's is on the next to the bed.
- 5 It's in the room.
- 6 The date is the of.
- 7 There's a picture of a, and a picture of.
- 8 There are flowers on the.
- 9 Through the windows, you can see a, with a outside. There are some in the sky.



A45

Listen to check your answers. Check with the Key. Then listen again and repeat.

7.3 Listen and write the numbers you hear.

A46

EXAMPLE 42

- | | | | |
|---|---|---|---|
| 1 | 3 | 5 | 7 |
| 2 | 4 | 6 | 8 |

Check with the Key. Then listen again and repeat.

7.4 Listen and circle the word you hear. Check with the Key. If you find any of these difficult, go to Section E3 Sound pairs for further practice.

A47

- | | | | |
|-------------------|-------------------|----------------|-------------------|
| 1 shirts / shorts | (⇒ sound pair 14) | 3 bird / beard | (⇒ sound pair 20) |
| 2 first / fast | (⇒ sound pair 19) | 4 heard / head | (⇒ sound pair 17) |